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# BUILD UP OR BREAK DOWN

An Edge Night on Virtue and Sin

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## Parent Letter

Dear Parents and Family,

This week at Edge your son or daughter had the opportunity to play a game that involved building something and then destroying it. The teaching dove into the different virtues as well as what sin is and the varying degrees of sin. Your child then had an opportunity to discuss and discern virtues in real life. The Edge Night ended with a reflection on the will of God and how to live a virtuous life through the guidance of an examination of conscience.

### Main Ideas:

- All of us are called to live lives of virtue which is “a habitual and firm disposition to do the good.” Someone who lives a virtuous life performs good acts and gives the best of him or herself. A virtuous person tends towards what is good, chooses what is good, and does good things through concrete actions. (CCC 1803)
- Sin is an offense against reason and truth. It goes against our very creation and is a failure to love God and our neighbors. It stems from unhealthy attachment to certain goods and it wounds the nature of a person and the community he or she lives in. (CCC 1849)
- It is up to us to choose whether to live a virtuous or a sinful life. It is up to us, with the help of the Church, to form our consciences and to learn what is right and wrong in the moral life.

### Catechism Reference:

“Whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is gracious, if there is any excellence, if there is anything worthy of praise, think about these things.’ A virtue is an habitual and firm disposition to do the good. It allows the person not only to perform good acts, but to give the best of himself. The virtuous person tends toward the good with all his sensory and spiritual powers; he pursues the good and chooses it in concrete actions. The goal of a virtuous life is to become like God.” (CCC 1803)

### Scripture Reference:

“For freedom Christ has set us free; stand fast therefore, and do not submit again to a yoke of slavery.” (Galatians 5:1)

### Family Reflection Questions:

- What virtues did you learn about at Edge?
- How do the virtues help us in our daily life?
- What did you learn about the two types of sin, mortal and venial sin?
- What does Christ offer to help us when we commit sin?
- Why is it important for us to continue to go to the Sacrament of Reconciliation?